

A Review Of Freud's Gender Theory In The Context Of Islamic Law

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Abstract

Freud is one of the most important and controversial psychologists of the twentieth century. His ideas have influenced moral, social and religious life in modern Western society. Freud's theories include theory of consciousness, subconscious, and sex theory. He sets three different stages of sexual life. Earlier, it was thought that sexual arousal manifested itself during adolescence, while he proposed that sexual arousal begins to manifest itself immediately after the birth of a child. He takes sex in a broader sense, and does not limit it to mere sexual acts, and applies it to the emotional, social and religious level, to the confusions that arise on the basis of social taboos, and link them to world classical literature. He explains with examples of different characters and uses the names of these characters as a term to give the impression that when sexual emotions are not directly evoked then either perversion occurs in personality or height. In the case of perversion, the individual suffers from many problems, while in the case of elevation, he creates fine arts. He associates the desire for life and death in the individual with the same instinct. He also suggests solutions to sexual dilemmas through dissolution. Freud considers dreams to be the epitome of sex life. Freud's theory of sex is filled with sexual desire, while according to Islam, sexual desire begins to appear naturally in a child from the beginning of puberty. Instead of making man a material animal or a priest of desires, Islam provides the best rules and regulations for the fulfillment of natural desires.

Key Words: Islam, Western Society, Consciousness, Subconscious, Sex Theory, Freud, Dreams, Emotions, Dilemmas.

Introduction to Freud

Sigmund Freud is known as father of psychology who earned lot of importance in the western society and is being respected in the field of psychology. Freud was a revolutionary person whose new ideas and different, unique angles of thinking caused a stir all over the world. He brought about an intellectual revolution that has

rarely been paralleled. Freud gained universal fame when he presented his various theories to the world. He was a man of wide learning. The curiosity of his personality would prompt him to explore a new world. He used to work continuously for eight hours and gather his scattered mental powers when he wanted to through a state of constant observation and experience. Freud is a famous psychologist of the

twentieth century. By the end of the century, he became a figure like Newton or John Locke had been in earlier periods.

Salim Akhtar writes in his book *Three Major Psychologists*:

Despite being a famous person, Freud avoided writing his biography. In 1925, Freud wrote a short biography of his life, *An Autobiographical Study*. This book consists of 137 pages. He has formally recorded the details of life in it. (Akhtar, 2014, P.63) About Freud's personal life, his friend biographer Ernest Jones wrote:

Freud believed that he had written enough information about his life in his writings. In his opinion, the world should forget his personality while only appreciating his scholarly work and services. (Jones, 1975)

Sher Muhammad Akhtar while talking about Freud writes:

A person who has changed human ideas and thought whose teachings have affected ethics, religion and all areas of human life. It becomes imperative to examine his life and personality. Biographers have endeavored to collect the circumstances of Freud's life. People are born and die in the world. Millions of such accidents happen. But sometimes a child is born in an unknown place. And being young, he creates terror in the world. She is an immense force. Which is carried along with it all the time. Such people are called Jains, their birth is a great miracle of the age. Freud has created such a big mental revolution in the world that there is no example of it. McDougal, his fiercest opponent, admits that no one understood this revolution like as Freud understood". (Akhtar, 2014, P.7)

There is no denying the fact that when one hears the name of Freud, one imagines such a personality who was criticized by his contemporaries throughout his life. But it is a fact that today Sigmund Freud is considered to be the

founder of modern psychology and a groundbreaking thinker. His theories are part of psychology today. Today, Freud is generally considered a twentieth-century physician, neuroscientist, and psychoanalyst. He was a respected personality who spent a large part of his life for the welfare of patients. (Syed, 1973, P.32)

About the biography of Sigmund Freud, James Strachey wrote:

Sigmund Freud was born on May 6, 1856 in Freiburg, a town in present-day Czecho-Slovakia, Moravia. The locality in which he was born was called Schlosser gas. Freiburg was a small town with a population of about five thousand people. The people of this town were German and Czech. (Starchey, 1950, P.66)

Freud's theory of sex

Before Freud, there were different views of different thinkers about sex, which had one thing in common that the sexual instinct is expressed during puberty, while this instinct is absent in childhood. Second, the intensity of sexual attraction that occurs in puberty and makes both opposite sexes uncontrollable is also the result of the idea that the purpose of this instinct is only sexual intercourse or actions that lead to this intercourse. Therefore, we can say that before Freud, "sex" meant only that specific functioning whose main and central point was "sexual function". (Akhtar, 2014, P.11) By rejecting earlier theories, he writes:

It is easy to believe that when "psycho-analysis" refuted all the common opinions about "sexuality", it met with surprise and denial based on three fundamental facts, was ignored. (Syed, 1992, P.34) Its main findings are as follows:

Beginning of sex life

(a) Sexual life does not begin only at puberty, but begins to manifest itself shortly after birth

(b) It is important to make a clear distinction between the concepts of "sexual" and "reproductive".

(c) Sexual life consists of getting pleasure from different parts of the body. It is a process that goes on to help in the process of birth and reproduction. But often these two actions are not fully compatible. (Freud, 1950, P.12)

Freud's Theory of Sexual Instinct

Sigmund Freud shed light on the problem of sex from a new angle through self-analysis. Common people continued to show interest in sexual problems for mere enjoyment. Sex was considered as a means of instinctive satisfaction. On the contrary, the facts that Freud brought to the fore after the research that the common man cannot even think about them. If so, it is natural that that person will think badly about it. In our society, love for mother is permissible, but the involvement of sex in this love is considered illegal.

Freud used the term sexual instinct in a broader sense. At the level of the body, it is not only related to the movement of the genitals or their functioning, but also includes the tones of the body. Among them, the three sexual areas are related to mouth, anus and genital organs. By the way, any part of the body can also play the role of sexual area and can be obtained from both sexual stimulation and pleasure. Each major body region is associated with a very essential need. For example, combustion is associated with food, bowels are associated with excretion of waste, and genitals are associated with reproduction. It has nothing to do with the action we call life force, like thumb-sucking or burning, which is done to relieve some emotional excitement. But thumb-sucking doesn't reduce appetite, nor does

burning reduce fertility, the process is complete. For example, Freud says:

"At first the child feels pleasure in sucking and swallowing, then when his teeth come out, he feels pleasure in biting"(Freud, 1950, P.61)

Sexual manifestations in children

Freud's revelation that "sexual phenomena can also be seen in children, for example, when a child drinks milk, he also gets sexual pleasure." But many objections were raised. Freud's friends, especially Adler and Zhong, also agreed with him despite the opposition, Freud presented his theory in a powerful way and said that children keep their sexual interests hidden from themselves and from their adults. Freud claimed that from the moment a child enters the world, it the sexual instinct becomes active. And it continues till the end. (Freud, 1964, P.314)

Freud believes that children are born with a libido - a sexual (pleasure) urge. There are a number of stages of childhood, during which he seeks pleasure from a different 'object' child.

The scope of its actions is very wide and it comes in different forms. We often do not recognize this instinct because of its actions. It is not right to limit the actions of sex to specific organs because now the analysis of the self. There is evidence that other parts of the body, such as the lips, breasts, etc., have characteristics associated with specific organs. Thus, three angles related to gender come before us.

Different perspectives on Sex

A. The onset of sex occurs soon after birth, rather than at puberty, and the notion that sex does not exist in infants and newborns is incorrect.

B. Sex is a very broad and unlimited force and it is not correct to limit it only to "sexual act" but its scope includes such actions and activities which are not even remotely related to the genitals.

C. The main function of sex is to get pleasure from different parts of sex. This function is used for reproduction and self-promotion, but these two functions cannot be combined and their purposes are also different. (Freud, 1920, 18:1-64)

Different ages of sexual instinct:

Sex instinct can be divided into the following periods in the light of the above discussion.

The first stage of the sexual instinct

The first period in the development of sex is the childhood of an individual, in which the child begins to suck. According to Freud, the child's drinking milk and sucking the mother's breast is not only the satisfaction of hunger, but he also gets pleasure from it. In the early period, the child's sexual desire is connected with his food. But later this desire becomes purely sexual. In our experience, it has also come to the point that repeatedly sucking the child's thumb leads to pleasure. According to Akhtar, even before Freud, many thinkers have tried to link such movements in children with gender. (Akhtar, 2014, P.14)

The views of thinkers before Freud

"Sexual desires in children were not revealed by Freud, but first by the famous Hungarian Dr. Lindner. He has emphasized this sexual activity in his research. He has a nursery school for children. I often found thumb-sucking to be as evil as other sexual vices. Dr. Glint writes in the confession of a young girl that she is still addicted to thumb-sucking and finds it as pleasurable as from sexual satisfaction, especially in kissing one's beloved. He also told that where the pleasure in kissing that is available in thumb sucking".

Along with thumb sucking, nail biting or any other habit can also occur.

The First Age of Sexual Instinct

Freud has described this period covering the first three years of an individual's childhood, in which all sexual desires of the child are fulfilled through the mouth. (Freud, 2000, P.41)

The Second Age of Sexual Instinct

After three years, the signs of sexual desire begin to appear in the child. The desire to suck, which is present in the first three years, is replaced by the desire to kiss. There is no significant difference between kissing and sucking, because in both cases, sexual desire is fulfilled. The mouth remains the means of doing. Also, getting pleasure from a specific alternative organ of the thumb, for example, masturbation or any other such habit. This is the second stage of a child's sexual life. During this period, girls get pleasure from the friction of their specific parts. While playing, boys and girls also get pleasure by talking about each other's specific parts, different movements and parts. Seeing others doing such an act turns the child's sexual desire into lust. In this period, the child becomes aware of getting pleasure from his genitals and the child gets pleasure from touching the genitals. (Akhtar, 2014, P.138)

The Third Age of Sexual Instinct

During this period, the sexual desire appears in its extreme form and the individual has to look for the other opposite sex. In this period, the specific organs become more important and this importance remains throughout life. The individual realizes that the purpose of the organs is not just for pleasure, but also for the reproduction process for the survival of the generation. In these periods, along with the sexual development, the feelings of love and sacrifice also continue to develop. In the light of the above forms of sex instinct, we find three periods. The first stage is called Autoeroticism. In this stage, the child gets sexual satisfaction from his own body instead of the other caste, and he does not feel his own caste or ego. In the second

stage, narcissism develops, his ego. It takes evolutionary steps. By which the instinct is satisfied by the ego of the child itself. He begins to love himself. This tendency remains throughout his life. In the third period, the child turns to someone else in the external world for his sexual satisfaction. Searches for self so that he can not only give his love to her but also his conscious and unconscious sexual concepts can get relief. It is obvious that the center of the child's external world is his family and he gets sexual pleasure from them. Considering the father as a rival, he begins to look at him with envy, jealousy, hatred and contempt, but he cannot express these feelings, so a confusion arises in his mind, which Freud called "Eddy-pus confusion".(Freud, 1959, P.422) The brief description of which is given below.

Oedipus complex

The term Oedipus complex was borrowed by Freud from a classic Greek fable, a brief summary of which is as follows.

Oedipus is a character of the Greek giant Malaya. His father Lysias was the ruler of Thebes. The name of Oedipus' mother was Jocasta. Upon the birth of Oedipus, the astrologers there predicted that this child would grow up. Kar will kill his father and marry his mother Jocasta. On which his father threw him into the forest. And this education and training was done as a prince. Oedipus had no knowledge of his real parents. Here too Oedipus was predicted to kill his father and marry his mother. He was very upset. The stepfather left his parents' palace and while traveling from country to country, he met his real father on a highway. Ironically, this meeting took place in a fight. Both of them. A fierce battle ensued in which Lysias was killed. Oedipus started wandering again and one day he reached his city Thebes. K. got rid of the epidemic. In return, the people there recognized him as their king and according to the custom there, the widow Queen Jocasta, who was his real mother,

married him in ignorance. After the birth of four children. When he narrated his story to the astrologers there, how his father drove a nail into his foot and threw him into the forest. The astronomers recognized him immediately. On revealing the truth, Oedipus gouged out his eyes with hot iron rods and Jocasta committed suicide. Blind Oedipus spent the rest of his life suffering from guilt.

When Freud saw this story in the form of a play in the theater, it was revealed to him that this happens to every child in every home. Immediately after birth, the child's primary sexuality is unclear and has no object, which Freud himself calls lust. But within a few years, his sexuality becomes attached to a specific object. The boy's first target is his mother, while A girl attaches all her emotional attachment to her father. In the case of a boy, Freud confidently states that he attaches his sexual attachment to his mother. He thinks that he is an enemy and wants to kill him. At the same time, his love for his mother continues to grow. He has only right over his mother and he can go to some extent mentally to get this right. Freud says:

"When a boy from the age of two or three enters the period of development of his libido, he finds pleasurable sensations in his genitals and learns to deliberately stimulate them with his hands to achieve these sensations. He becomes his mother's lover. He wants to possess her physically in the way that he infers from his observations of the intuitive aspects of sexual life and seduces her by exhibiting his own penis. But he is proud. In short, his precocious masculinity prompts him to take the same place with his mother as his father. A father's power is enviable to a child. His father now appears in the form of a rival who stands in his way and whom he wants to push away. (Freud, 1983, P.363)

This process continues till the age of four or five years and the child's personality is suffering from this fearful situation. When the super-ego is

formed, this reluctance begins to suppress and the father becomes the child's ideal instead of being the enemy. It begins to form. This is the reason why childhood memories are often forgotten but never end. It continues to exist in the depths of the unconscious. It is also important to mention here that Freud interprets the Oedipus complex in terms of positive and negative aspects, e.g., Positive Oedipus complex

A positively manifested complex requires that the child be sexually influenced by the parent of the opposite sex. For example, a boy will feel sexually attracted to his mother, and correspondingly, a girl will feel sexually attracted to his father.

Negative Oedipus complex

This means that the child is sexually influenced by the parents. That is, the boy is interested in the father, while the girl attributes her sexual desires to the mother.

Electra complex

Freud has also found this kind of confusion in girls in relation to boys. He uses the term Electra complex in girls in the style of Oedipus complex. In this, the center of the girl's libido becomes the father. Although this desire is strong and it is late but not as dramatic as it is in boys. What happens is that when a girl sees a male penis in a boy, she suspects that her mother gave her this special organ as a punishment. has been cut, which Freud calls penis envy. The innocent girl puts all the responsibility on her mother and unconsciously considers her own mother as an enemy. This can be explained as When the Greeks went to conquer Troy, the general Agamemnon had to sacrifice his daughter on the altar of the goddess (the goddess spared the daughter and replaced her with a baby deer), but his wife Cleminster (Clytemnestra) did not forget this incident when he returned victorious after ten years, his wife

killed him along with his acquaintance. The general's second daughter, Electra, planned to avenge her father's murder, so together with her brother and one of his friends, she killed her mother and her acquaintance. According to the name of the general's daughter, Electra, Freud It was named Electra.

Freud says:

"The girl, under the influence of her jealousy, which she feels from Zikr, never forgives her mother for having forced her to embark on the journey of worldly life with such inadequate equipment. In this resentment, she abandons her mother. And she replaces him with another person (father) as the object of her love". (Freud, 1950, P.62)

Just as a boy wants to take the place of his father, so a girl can put herself in the place of her mother. We see such demonstrations in her sports and hobbies where she tries to take the place of mother with her father. The mother whom she loved in the beginning now hates her. There are two reasons for this hatred. The first is jealousy of the mother and the second is jealousy of the male organ. (Akhtar, 2016, P.73) Deprivation for which his mother is responsible.

For both boys and girls, the first four to five years are spent in conflict and the child's personality remains a victim of this terrible situation. The child is thinking that the enemy is under the influence of the superego and the father starts to become the child's idol. This is the reason why most of the memories of the child's life are forgotten in the same way. This forgetting is a kind of defense that the child Oedipus. Protects oneself from the terrible effects of the situation. According to Freud, it can be repressed, but it is impossible to eliminate it, because its disturbance in the unconscious continues and its effects on the child's future life are far-reaching. The stage of child development that develops between the

ages of three and five years maintains the sense of right and wrong in the child.

Stages of sexual development

According to Freud, there are three stages of sexual development which are as follows:

1. Auto sexuality

This is the first step of the individual's sexual destination. The individual gets pleasure from his own self or body by living in the imaginary and imaginary world, while the external sources remain meaningless for him at this age. Freud has mentioned three levels of this: 1. Infantile 2: The peak age of infantile sexuality, i.e., at the age of about 4 years, during this period when children play together, they get sexual pleasure from each other's touch.

2. Homo sexuality

In this period, the individual is sexually attracted to the same sex and wants to have contact. In this period, there is no special interest in the opposite sex, but his attitude towards the opposite sex is hostile and harassing, and other sexual games. I get busy.

3. Heterosexuality

The person goes through the period of homosexuality and becomes attracted to the opposite sex. And this period lasts for the rest of the life. It also affects the sex life of the individual. Freud says that the performance of sexuality, which begins in childhood, reaches a climax due to sexual and physical changes. Freud mentions the parts and places of the body which have the potential of sexual arousal and which cause sexual arousal in the individual for sexual action. The main organs that make up the sides are: Genital organs, anus, breasts, mouth, tongue, eyes, hands, hair, ears, feet, thighs, armpits, etc. (Akhtar, 2016, P.80)

Summary of Freud's Theory of Gender

- Freud presented various theories about life.
- Freud proposed a theory regarding sex.
- Freud mentions in his theory about sexual desire in children that it is not born after puberty but it is born sometime after birth.
- Freud mentioned different stages of sexual instinct.
- Freud also mentioned different stages of sexual development.

After reading Freud's theories about sex, one realizes that these theories are neither rationally acceptable nor has any place in any religion. His views on children in particular were opposed during Freud's lifetime. And it continued to happen later. Freud also denied religion and gave priority to sex over religion, while faith in religion is one of the most important reasons for mental health, sexual satisfaction and happiness. (Glynn, 1997, P.60-61)

Review in the light of Islamic teachings

Islam is the religion of nature and is the favorite religion of Allah. The ideas of Islam are also universal and eternal. Islam puts the human being in front as an individual. The teachings of Islam are compatible with human psychology. In this regard, Syed Muhammad Qutab writes:

"Islam protects the natural inclinations of man with moderation so that the development of the individual is not divided between the pressure of the natural inclinations and the supreme authority". (Qutab, 1981, P.133)

By presenting the theory of sex, Freud has tried to prove that sex is the motive of all human actions. The fulfillment of sexual desire is necessary in all situations, otherwise various diseases may arise in a person. The basis of human being good and bad depends on the sexual desire. If the sexual desire is not fulfilled in time,

it goes into the unconscious of the person and then later affects the human life. The main motive is stated to be the saying of the Lord:

"So, separate yourself from all falsehood and keep your face straight in obedience to Allah."

(Quran, 30:30)

Freud's theories show that mere sexual gratification is everything to man. Any method should be adopted for the satisfaction of sexual desires; apparently there is no restriction on it. With such ideas, people in the West did not even consider religious boundaries. The restrictions that were due to religion also disappeared thanks to these ideas. Islam has laid down rules for sexual satisfaction that are compatible with mental development and also the protector of social values. Allah Almighty said in the Holy Qur'an:

"And among His signs is that He made for you mates of your own sex, that you may find comfort in them, and that He placed love and mercy between you. Verily, therein are signs for those who meditate."

(Quran, 30:21)

Allah the Exalted created women from your sex who become your wives after marriage so that you may find comfort in them and created love for men by creating women from their sex. The Lord who created this system deserves to be worshipped. Peace of mind and heart has been described in the relationship between a man and a woman and establishing a marital relationship has been given the status of being a means of attaining peace of mind.

When there is peace of mind, mutual life becomes calm. There are many problems in the western society, but there is no peace of mind. The main reason for the loss of peace of mind in the western

society is that they only made the basis of sexual satisfaction and the comfort of lust, for which a woman has the freedom to be unruly. And gave the man the right to have sexual relations with any woman with her consent. (Razi, 1988)

Freud presented a theory about the expression of sexual phenomena in children unlike other experts. The facts that Freud presented about children are very painful. Freud presented the theory that children have sexual desire from childhood. When the child sucks the mother's milk, he also feels sexual pleasure. Loves Contrary to Freud's theories, in our society love for mother is at the level of worship. The concept of sex is impossible in this love. A person who has such a concept is considered insane and insane in the society. Freud's theory of sex from infancy to the end shows man affected by sexual pleasure and lust, etc. Freud gave importance to man from infancy to puberty. But his theory seems to revolve around the sexual axis. In Islam, childhood and boyhood are mentioned in the Holy Qur'an like this:

"Then He takes you out as a child so that you may reach your youth and then so that you may become old."

(Quran, 40:67)

Freud has given importance to sex in different stages of development, while Islam, while mentioning the training of man, has drawn his attention to the creator of the earth and the sky so that in every age he follows the divine commandments and succeeds.

Sex education and Islam

Freud's theories are saturated with sex and sexual desire. He says that the sexual power is activated in a child from the time of birth. On the contrary, Islam holds that this natural impulse becomes active when the child is close to adulthood. Islam has provided rules for training this natural instinct so that children can become better and useful

human beings. Regarding the training of children, he said:

"And when they reach the age of ten, punish them for leaving the prayer and separate their beds."(Abu Dawood, 1434, H:495)

The teachings of Islam regarding sexual education prove that Islam is the religion that presents the best idea of the psychological and sexual desires of children and adults. The world has tried to make man a material animal and sometimes a priest of desires. Islam has provided rules and regulations for the best training of all kinds of natural desires. The Islamic system of education is the best system in every field from childhood to puberty and from puberty to old age.

Child Education to improve Islamic Believed & Practices

Children's education is very important in Islam. The most important period of life in Islam is childhood. The purpose of training is to prevent animalistic feelings from developing in the child.

"Every child is born by nature, and then his parents make him a Jew, a Christian, or a Magian."(Bukhari, 1422, H: 345)

A child's mind is like a blank sheet of paper on which you can draw whatever you want.

If they teach well, then he will surely become righteous and pious.

Conclusion

Freud has much importance in Western society. His services in the field of psychology are appreciated. He presented various theories, among which the important theory is psychoanalysis and the theory of sex. In the field of sex, there was a lot of criticism of Freud's theories but he believes that sexual life does not begin at puberty, but begins to manifest itself sometime after birth.

The facts that Freud has mentioned about sex, especially in children, are very tragic. The best and reasoned answer to these thoughts of Freud is hidden in the teachings of Islam. Islam mentions the reward for the mother after breastfeeding. In Islamic teachings, the relation of the mother is very sacred. The concept of sexual pleasure in love with the mother is considered impossible. A person who thinks like this is called mentally retarded.

Contrary to Freud's theories, Islam has given the theory that when a child is close to puberty, his natural passions develop. Islam has provided the best rules for training, the natural physical feelings of puberty so that the child can get pleasures of sexual desires. He should not become a social animal, but he should follow the principles of nature and make it possible to achieve sexual relief through halal means. In short, the principles described by Islam are the best.

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